



Leisure Services Department **Parks and Recreation**

7 on 7 Men's Flag Football League Overview

- Each team must provide its own jerseys.
- Game flags and footballs will be provided by league.
- Winning team receives league champion t-shirts and a team trophy.

League Fees

\$375 / team

Registration

Registration Period:

March 22nd - May 4th at Sylvan Lake Park

Captains Meeting:

May 4th 6:00 p.m. at Sylvan Lake Park

League Schedule

Monday Night Season Begins May 10th

Sunday Morning Season Begins May 9th

Games held at Sylvan Lake Park:

8:30 a.m., 9:30 a.m., 10:30 a.m. and 11:30 a.m. on Sundays

6:30 p.m., 7:30 p.m., and 8:30 p.m.

Sylvan Lake Park (407) 665-2180

845 Lake Markham Road (off of HWY 46), Sanford, FL 32771 • Open M-F from 8 a.m. to 10 p.m., Sat and Sun from 8 a.m. to 8 p.m.

www.seminolecountyfl.gov/parks

**It Starts
in Parks**